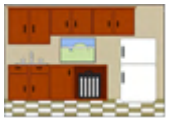
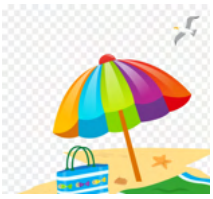
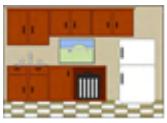
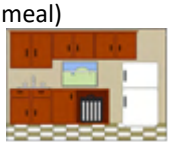
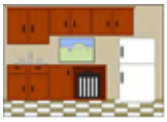
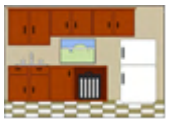
JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CANADA DAY NO PADDLE	2 9:30 Stretch & Calendar with Jamie 10:15-11:00 Book Club with Kristy  11:00-11:45 Outdoor Games with Griffin & Kulwinder 10:15-11:45 OPEN KITCHEN with Jamie  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT NORTHGATE for 1:30**  **Pick up Northgate (Tower doors) 3pm**	3 9:30 Stretch & Calendar with Griffin 10:15 Sensory Craft with Kulwinder & Emmett OR 10:15-11:45 Relational Communication with Megan in The PADD *How do we start & maintain relationships? (Friendships, dating, co-workers etc..) 11:45 LUNCH **BOOK PARABUS TO ARRIVE AT OLMSTEAD BEACH for 1:30**  **Pick up 3pm at Olmstead Beach** ***If raining program will remain at PADDLE**

JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
6 9:30 Calendar & Stretch with Kulwinder 10:15-11:45 OPEN KITCHEN with Jamie *Menu Planning etc…  10:15-11:45 OPEN ART ROOM with Tori  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT SUNSET PARK BEACH for 1:30**  **Pick up 3pm at Sunset Park Beach (turn beside Churchills restaurant)**	7 9:30 Calendar & Stretch with Jamie 10:00 Outdoor walk with Kulwinder & Emmett  11:00 Free Time 11:45 LUNCH 1:15 Musical Guest: Gary Davidson  2:15 BINGO with Emmett & Griffin 	8 9:30 Calendar & Stretch with Emmett 10:15-11:45 OPEN PADD ROOM with Cole *Dungeons and Dragons etc…  10:15-11:45 OPEN KITCHEN with Jamie *Lunch prep etc…  11:45 LUNCH 1:15 CTS massages  1:15 Music with Darius  2:00 Kahoot with Ron & Cole	9 9:30 Calendar & Stretch with Megan 10:15-11:00 Book Club with Kristy  OR 10:15 Walk with Emmett & Griffin  11:00 Uno Tournament with Kulwinder & Jamie 11:45 LUNCH 1:15 Women's Wellness with Megan & Men's Health with Kulwinder, Emmett & Griffin  2:00 Karaoke with your host: Ron Clement	10 9:30 Calendar & Stretch with Kristy 10:15-11:45 OPEN KITCHEN with Jamie & Tori *Meal Prepping for Camp (freezable meal)  OR 10:15-11:45 Relational Communication with Megan in The PADD *How do we start & maintain relationships? (Friendships, dating, co-workers etc..) 11:45 LUNCH **BOOK PARABUS TO ARRIVE AT WINNERS FOR 1:15** **1:15 Shopping at Winners Plaza** WINNERS **Pick up 3pm at Winners**

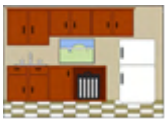
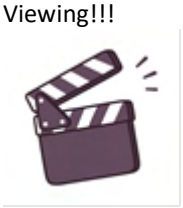
JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
13 9:30 Calendar & Stretch with Tori 10:15-11:00 Karaoke with Emmett OR 10:15-11:45 OPEN KITCHEN with Jamie & Tori *Menu Planning etc… & making pumpkin pie  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT HIGHBALL for 1:30**  **Pick up 3pm at Highball**	14 ***If raining program will be at PADDLE*** **BOOK PARABUS TO ARRIVE AT PARKING LOT BESIDE BANDSHELL FOR 8:30 *PADDLE staff will arrive for 8:30am*** **8:30-10 Waterfront Walk** **10:00-11:00 ZUMBA at the waterfront!** **Pick up to return to PADDLE for 11:15** 11:45 LUNCH 1:15 Musical Guest: Shawn Sasyniuk  2:15 BINGO with Emmett and Griffin 	15 9:30 Calendar & Stretch with Cole 10:15-11:00 Planning for Breakfast/Snacks for camp with Jamie & Kristy  11-11:45 Special Performance with Steph Leroux  OR Lunch Prep with Jamie  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT SUNSET BEACH for 1:30 (turn on road beside Churchills restaurant)** **1:30 Swimming & hang out at Sunset Beach**  **Pick up 3pm at Sunset Beach**	16 9:30 Calendar & Stretch with Emmett 10:15-11:00 CAMP TALK-Last minute questions with Kristy& Universal Precautions for camp with Emmett & Griffin  11:00 Outdoor games with Kulwinder & Tori 11:45 LUNCH 1:15 Movie Afternoon at PADDLE 	17 9:30 Calendar & Stretch with Megan 10:15-11:45 FREE TIME! 11:45 LUNCH **BOOK PARABUS to ARRIVE AT NORTHGATE SQUARE (tower doors) for 1:30** **1:30 Shopping at Northgate**  ***Camp snack/breakfast grocery shopping with your cabin** **Pick up 3pm at Tower Doors**

JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
20 **PADDLE CAMP**  **People that are taking the school bus to Temagami please meet at PADDLE for 8:15 to board the bus for CAMP!** **8:30-3:30 Andorra Cottages** **Pick up 4:30 at PADDLE (for those not staying overnight)**	21 **PADDLE CAMP**  **People that are taking the school bus to Temagami please meet at PADDLE for 8:15 to board the bus for CAMP!** **8:30-3:30 Andorra Cottages** **Pick up 4:30 at PADDLE (for those not staying overnight)**	22 **PADDLE CAMP**  **People that are taking the school bus to Temagami please meet at PADDLE for 8:15 to board the bus for CAMP!** **8:30-3:30 Andorra Cottages** **Pick up 4:30 at PADDLE (for those not staying overnight)**	23 **PADDLE CAMP**  **People that are taking the school bus to Temagami please meet at PADDLE for 8:15 to board the bus for CAMP!** **8:30-3:30 Andorra Cottages** **Pick up 4:30 at PADDLE (for those not staying overnight)**	24 **PADDLE CAMP**  **People that are taking the school bus to Temagami please meet at PADDLE for 8:15 to board the bus for CAMP!** **8:30-3:30 Andorra Cottages** **Pick up 4:30 at PADDLE** ***everyone will be returning Friday at 4:30**

JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
27 9:30 Calendar & Stretch with Emmett 10:15- 11:45 OPEN KITCHEN with Jamie *Menu Planning & tidying up kitchen  OR 10:15-11:45 Open PADD with Kulwinder & Griffin-board games with friends!  11:45 LUNCH 1:00 Movie Afternoon 	28 9:30 Calendar & Stretch with Jamie 10:15-11:45 OPEN ART ROOM with Tori  OR 10:45-11:45 Music Trivia/Karaoke with Emmett & Griffin  11:45 LUNCH 1:15 August Plans: Meet up spots/days to meet up with friends in August with Tori  2:00 Walk with Kulwinder & Jamie	29 9:30 Calendar & Stretch with Kulwinder 10:15-11:45 OPEN PADD ROOM with Cole *Dungeons and Dragons etc…  10:15-11:45 OPEN KITCHEN with Jamie *Lunch prep etc…  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT GATEWAY CITY BREWERY for 1:30** ***Golf Simulator** ***Board Games** ***Food Available to purchase from Greco's** **Pick up 3pm at Gateway City Brewery**	30 Calendar & Stretch with Griffin 10:15-11:00 Book Club with Kristy  OR 10:15 Gardening/backyard hangs with Emmett & Griffin 11:45 LUNCH **BOOK PARABUS TO ARRIVE AT HIT THE SPOT for 1pm** **1-3 Birthday Lunch celebration**  **Pick up 3pm at Hit the Spot (741 Wallace Road)**	31 Calendar & Stretch with Kristy 10:15 Clean out your locker/free time  11:45 LUNCH 1:15 Clean out your locker/free time  1:45 Yearbook Video Viewing!!!  ***Have a great August and see you back at PADDLE on September 8th!**