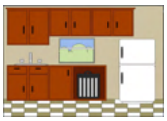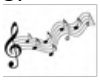
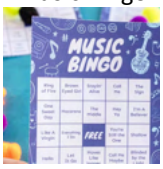
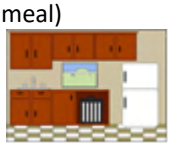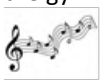
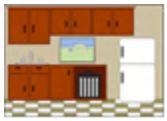
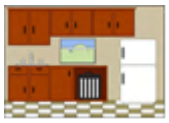
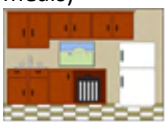
JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:30 Stretch & Calendar with Jamie 10:15-11:45 OPEN KITCHEN with Kristy *Menu planning etc…  10:15-11:45 OPEN ART ROOM with Jeff  11:45 LUNCH **BOOK PARABUS to ARRIVE AT TWIGGS (McKeown) for 1:30** **1:30 TWIGGS coffee and conversations** TWIGGS COFFEE ROASTERS **Pick up 3pm at Twiggs (McKeown)**	2 9:30 Stretch & Calendar Kristy 10:15-11:45 OPEN ART ROOM with Jeff  10:15-11:45 OPEN COUCH ROOM with Jamie  11:45 LUNCH 1:15-2:45 OPEN COUCH ROOM with Jamie Special Music Guest: Darius (1:15-2)  *Working on yearbook (2-2:45) 1:15-2:45 OPEN KITCHEN with Kristy *Camp Dinner Menu Planning 	3 9:30 Stretch & Calendar with Jeff 10:15-11:45 OPEN PADD ROOM with Cole *Dungeons and Dragons etc…  10:15-11:45 OPEN KITCHEN with Kristy *Lunch prep etc…  11:45 LUNCH 1:00 CTS MASSAGE STUDENTS  1:15-2:45 OPEN COUCH ROOM *Special musical guest: Cole  2:00 Free Time	4 9:30 Stretch & Calendar with Jamie 10:15-11:45 OPEN ART ROOM with Jeff  10:00 ZUMBA with Kindra from The Studio in the Gym  11:45 LUNCH 1:15-2:45 OPEN COUCH ROOM with Jamie: Drumming with Steph Leroux  1:15-2:45 OPEN ART ROOM with Jeff 	5 9:30 Stretch & Calendar with Emmett 10:15-11:45 OPEN COUCH ROOM with Jamie  10:15-11:45 Relational Communication with Megan in The PADD *How do we start & maintain relationships? (Friendships, dating, co-workers etc..) 11:45 LUNCH **BOOK PARABUS TO ARRIVE AT Waterfront for 1:30 (parking lot across from Bandshell)** **1:30 Waterfront walk**  **Pick up 3pm at Waterfront (parking lot across from Bandshell)**

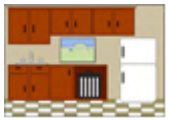
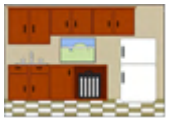
JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
8 9:30 Calendar & Stretch with Jamie 10:15-11:45 OPEN KITCHEN with Kristy *Menu Planning etc…  10:15-11:45 OPEN ART ROOM with Jeff  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT NORTH BAY MALL (No Frills entrance) for 1:30** **1:30 Shopping at North Bay Mall**  **2:15 Meet at No Frills for Grocery Shopping if you are interested** **Pick up 3pm at North Bay Mall (No Frills entrance)**	9 9:30 Calendar & Stretch with Jeff 10:00 Uke4ia performance in the gym  11:00 Free Time 11:45 LUNCH 1:15-2:45 OPEN COUCH ROOM with Jamie *Music Bingo  1:15-2:45 OPEN ART ROOM with Jeff 	10 9:30 Calendar & Stretch with Emmett 10:15-11:45 OPEN PADD ROOM with Cole *Dungeons and Dragons etc…  10:15-11:45 OPEN KITCHEN with Kristy *Lunch prep etc…  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT Lee Park** ***Walk along The Kate Pace Way** ***Hang out in the park** **Pick up 3pm at Lee Park (entrance to parking lot for Lee Park under large Gateway of the North sign)** *If it's raining programming will be at PADDLE(a movie day)	11 9:30 Calendar & Stretch with Megan 10:15-11:45 Setting up for Plant Sale with Jeff & Jamie 10:15-11:00 Book Club with Kristy  10:00 Gym with Emmett  11:45 LUNCH 1:15-2:30 ***PLANT SALE!!***  *Join us in the PADDLE backyard for our annual Plant Sale *baked goods for sale *coffee for sale Families, supports, participants who don't normally attend on Thursdays- Feel free to stop by!	12 9:30 Calendar & Stretch with Kristy 10:15-11:45 OPEN KITCHEN with Kristy *Meal Prepping for Camp (freezable meal)  10:15-11:45 Relational Communication with Megan in The PADD *How do we start & maintain relationships? (Friendships, dating, co-workers etc..) 11:45 Free Time **BOOK PARABUS TO ARRIVE AT BOSTON PIZZA FOR 1:00** **1:00-2:45 Birthday Lunches at Boston Pizza** Boston Pizza **Pick up 3pm at Boston Pizza**

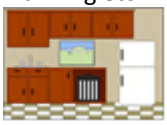
JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
15 9:30 Calendar & Stretch with Kristy 10:15-11:45 OPEN ART ROOM with Jeff *Father's day craft  10:15-11:45 OPEN KITCHEN with Kristy *Menu Planning etc…  11:45 LUNCH **BOOK PARABUS to ARRIVE AT NORTHGATE SQUARE (tower doors) for 1:30** **1:30 Shopping at Northgate**  ***Meet at Walmart entrance if you would like to help Kristywith Groceries** **Pick up 3pm at Tower Doors**	16 9:30 Calendar & Stretch with Jeff 10:00 Rock Choir in the gym  11:00 Uno with Emmett OR Free Time 11:45 LUNCH 1:15-2:45 OPEN ART ROOM with Jeff 1:15-2:45 OPEN KITCHEN with Kristy *diabetic baking 	17 9:30 Calendar & Stretch with Jamie 10:15-11:45 OPEN PADD with Cole *Dungeons and Dragons etc…  10:15-11:45 OPEN KITCHEN with Kristy *Lunch Prep etc…  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT WINNERS FOR 1:15** **1:15 Shopping at Winners Plaza** WINNERS **Pick up 3pm at Winners**	18 9:30 Calendar & Stretch with Emmett 10:15-11:45 OPEN ART ROOM with Jeff  10:00 Book Club with Kristy  10:00 Gym with Emmett  11:45 LUNCH 1:15 Women's Wellness OR Men's Health  2:00 Bingo with Aidan & Emmett  	19 9:30 Calendar & Stretch with Megan 10:15-11:45 FREE TIME! 11:45 LUNCH 1:15-2:45 OPEN KITCHEN with Kristy *Meal Prepping for Camp Dinners (frozen meals)  1:15-2:45 OPEN COUCH ROOM with Jamie *Special Guest: Stephanie Clarke  1:15-2:45 OPEN ART ROOM with Jeff 

JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
22 9:30 Calendar & Stretch with Jamie 10:15-11:45 OPEN ART ROOM with Jeff  10:15-11:45 OPEN KITCHEN with Kristy *Menu planning etc…  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT HIGHBALL FOR 1:30** **1:30 Pool Games & Hangs**  **Pick up 3pm at Highball**	23 9:30 Calendar & Stretch with Emmett 10:15-11:45 OPEN Kitchen with Kristy *Learning how to make dip (make and take, please bring small Tupperware containers if you have any to bring dips home)  10:15-11:45 OPEN COUCH ROOM with Jamie *working on Yearbook  11:45 LUNCH 1:15-2:45 OPEN COUCH ROOM with Jamie Special Music Guest: Shawn  1:15 OPEN ART ROOM with Jeff 	24 9:30 Calendar & Stretch with Jeff 10:15-11:45 OPEN PADD with Cole *Dungeons and Dragons etc…  10:15-11:45 OPEN KITCHEN with Kristy *Lunch prep etc..  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT OLMSTEAD BEACH (off Trout Lake) for 1:30** ***No Lifeguard on site** **1:30 Beach hangs** ***bring sunscreen & a water bottle** ***swimsuit & towel if you want to swim!**  **Pick up 3pm at Olmstead Beach**	25 9:30 Calendar & Stretch with Jamie 10:15-11:45 OPEN ART ROOM with Jeff  10:00 Book Club with Kristy  10:00 Gym with Emmett  11:45 LUNCH **BOOK PARABUS TO ARRIVE at MINI PUTT (King Cone) for 1:15** **Cost:$11.45** ***This includes a round of mini putt + a small ice cream or slushy**  **Pick up 3pm at Mini Putt**	26 9:30 Calendar & Stretch with Megan 10:15-11:45OPEN ART ROOM with Jeff  10:15-11:45 Relational Communication with Megan in The PADD *How do we start & maintain relationships? (Friendships, dating, co-workers etc..) 11:45 LUNCH 1:15 Movie Afternoon at PADDLE 

JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
29 9:30 Calendar & Stretch with Kristy 10:15-11:45 OPEN ART ROOM with Jeff  10:15-11:45 OPEN KITCHEN with Kristy*Menu Planning etc….  11:45 LUNCH 1:15-2:45 OPEN COUCH ROOM with Jamie  OR 1:15 Outdoor walk with Emmett & Jeff	30 9:30 Calendar & Stretch with Jamie 10:15-11:45 OPEN ART ROOM with Jeff  10:45-11:45 OPEN COUCH ROOM with JAMIE *working on yearbook  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT GATEWAY CITY BREWERY for 1:30** ***Golf Simulator** ***Board Games** ***Food Available to purchase from Greco's** **Pick up 3pm at Gateway City Brewery**			