APRIL 2026

Mon	Tue	Wed	Thu	Fri
		1 9:30 Stretch & Calendar with Jeff 10:00 Dungeons & Dragons with Cole  **OR** Board Game with Jamie 11:00 Lunch Prep with Kristy & Cole  12:00 LUNCH **BOOK PARABUS TO ARRIVE AT WINNERS FOR 1:30** **1:30 Shopping at Winners Plaza** WINNERS **Pick up 3pm at Winners**	2 9:30 Stretch & Calendar with Jamie 10:00 Gym with Jeff or Book Club with Kristy  **OR**  11:00 Sensory activity with Jamie 12:00 LUNCH 1:15 Women's Wellness with Megan OR Men's Health with Jeff  2:00 Music with Darius 	3 NO PADDLE GOOD FRIDAY

APRIL 2026

Mon	Tue	Wed	Thu	Fri
6 NO PADDLE EASTER MONDAY	7 9:30 Calendar & Stretch with Megan 10:15 Independent Living Club with Jamie & Kristy. Special Guest: Amelia Rising  11:30 Menu Planning with Jeff  12:00 LUNCH 1:15 Music with Steph Clarke  2:15 Karaoke with Megan 	8 9:30 Calendar & Stretch with Jeff 10:00 Dungeon's & Dragons with Cole  **OR** Music with Kristy (Children's Classics) 11:00 Lunch Prep with Jeff & Cole  12:00 LUNCH **BOOK PARABUS TO ARRIVE TO NORTHGATE SQUARE FOR 1:15 Shopping at Northgate** **1:15-3 Shopping at Northgate Square**  **Pick up 3pm at Northgate Square (tower doors)**	9 9:30 Calendar & Stretch with Jamie 10:00 Gym with Jeff & Kulwinder **OR** book club with Kristy  **OR**  11:00 Current Affairs with Megan  11:45 LUNCH 1:15 "Martyrs Eye" band from Chippewa High School to perform  2:00 Uno/games with friends	10 9:30 Calendar & Stretch with Jeff 10:00 Crafts with Jamie  11:00 Disney Trivia with Renee  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT GATEWAY for 1:15 FOR RENEFEST!!** ***Food available to purchase at Brewery- Greco's!** ***no outside food allowed now** ***Live music for Renes birthday!** **Pick up 3pm at Gateway Brewery**

APRIL 2026

Mon	Tue	Wed	Thu	Fri
13 9:30 Calendar & Stretch with Kristy 10:00 Menu Planning with Jamie  10:30 Watch and Discuss: Love on the Spectrum with Kristy  **OR** Art with Renee  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT TWIGGS (McKeown) for 1:30** 1:30 Coffee/Snack & Chats TWIGGS COFFEE ROASTERS **Pick up 3pm at Twiggs (McKeown)**	14 9:30 Calendar & Stretch with Jamie 10:00 Rock Choir: In the Gym 11:00 Free Time 11:45 LUNCH **BOOK PARABUS TO ARRIVE AT CANADORE AT THE VILLAGE FOR 1:30** **1:45-2:45 Activities at The Village**  **Pick up 3pm at The Village (100 College Drive)**	15 9:30 Calendar & Stretch with Jeff Dungeon's & Dragons with Cole  **OR** Sensory Activity with Renee 11:00 Lunch Prep with Jamie & Cole  12:00 LUNCH 1:15 CTS Massages  **AND** Finish Group Art Project with Kristy & Jamie 2:00 Kahoots with Ron & Cole	16 9:30 Calendar & Stretch with Jamie 10:00 Gym with Jeff OR Book Club with Kristy  **OR**  11:15 Sensory Activity with Kulwinder 11:45 LUNCH 1:15 Men's Health with Jeff **OR** Women's Wellness with Megan  2:15 Karaoke with Jorja and Jamie  	17 9:30 Calendar & Stretch with Kristy 10:00 Baking with Jeff 11:15 Group game with Jamie 11:45 LUNCH **BOOK PARABUS TO ARRIVE AT CASINO FOR 1:30** **1:30 Casino Fun!** ***Please bring Gov't issued ID**  **Pick up 3pm at Cascade Casino**

APRIL 2026

Mon	Tue	Wed	Thu	Fri
20 9:30 Calendar & Stretch with Ron 10:00 Menu planning with Kristy  10:30 Watch and Discuss: Love on the Spectrum with Jamie  **OR** Art with Kulwinder 11:45 LUNCH **BOOK PARABUS TO ARRIVE AT HIGHBALL FOR 1:30** **1:30 Pool at Highball**  **Pick up 3pm at Highball**	21 9:30 Calendar & Stretch with Megan 10:15 Independent Living Club with Jamie & Kristy  **OR** Gym with Jeff 11:00 Boardgames with Kulwinder 12:00 LUNCH 1:15 Drumming with Steph Leroux  2:15 Bingo with Jorja and John 	22 9:30 Calendar & Stretch with Jeff 10:00 Dungeons and Dragons with Cole  11:00 Lunch Prep with Kristy & Cole  11:45 LUNCH **BOOK PARABUS ARRIVE AT HOMESENSE for 1:15** **1:30-3 Shopping at Homesense Plaza** **Pick up 3pm at Homesense**	23 9:30 Calendar & Stretch with Jamie 10:00 Gym with Jeff **OR** Book Club with Kristy  **OR**  11:00 Spring Craft with Kulwinder 11:45 LUNCH 1:15 Making Jam with Teggan & Jeff  **OR** Video Games/Board games with Jamie in the PADD 	24 9:30 Calendar and Stretch with Jeff 10:00 Making homemade Playdoh with Jamie OR work with clay with Renee  10:45 Making muffins with Kristy  12:00 LUNCH 1:15 Movie afternoon at PADDLE 

APRIL 2026

Mon	Tue	Wed	Thu	
27 9:30 Calendar & Stretch with Kristy 10:00 Menu Planning with Jeff  10:30 Watch and Discuss: Love on the Spectrum with Kristy  **BOOK PARABUS TO ARRIVE AT PIZZA HUT for 1:00** **1-3 Pizza Hut Birthday lunches *Please look at menu and budget accordingly**  **Pick up 3pm at Pizza Hut**	28 9:30 Calendar & Stretch with Jeff 10:15- Independent Living Club with Jamie & Kristy  11:45 LUNCH 1:15 Diabetic baking with Kristy & Adam  **OR** Walk with Jeff & Jamie	29 9:30 Calendar & Stretch with Megan 10:00 Learn how to play Dungeon's & Dragons with Cole  11:00 Lunch Prep with Jeff & Cole  11:45 LUNCH **BOOK PARABUS TO ARRIVE AT NORTHGATE MALL (tower doors) for 1:30** **1:30 Shopping at Northgate** **Pick up 3pm at Northgate**	30 9:30 Calendar & Stretch with Jamie 10:00 Gym with Jeff OR Book Club with Kristy  **OR**  11:00 Current Affairs with Megan  12:00 LUNCH 1:15 Women's Wellness with Megan OR Men's Health with Jeff  2:15 Free Time	