Mon	Tue	Wed	Thu	Fri
				9:00 Good Morning
				9:30 Stretch/Calendar with Kristy
				10:00 Music with Jeff
				11:00 Art with Kayleigh
				12:00 LUNCH
				1:15 Beach Day with Megan, Jeff, Kristy & Kayleigh!
				BEACH DAY
				*Wear your wildest summer outfit and let's party!!
				*Games *mocktails *music *general shenanigans

9:00 Good Morning 9:30 Stretch/Calendar with Kayleigh 9:30 Stretch/Calendar with Kayleigh 10:00 Watching a new show together & discussion: AS WE SEE IT 11:00 Gym Time with Kayleigh OR Planning for Wednesday lunch with Kristy 11:00 Lunch Prep with Kristy & Kayleigh 12:00 LUNCH 1:15 Music with Kristy 12:00 LUNCH 1:15 Price is Right 1:15 Price is Right 1:15 Price is Right	9:00 Good Morning 9:30 Stretch/Calendar with Kayleigh 10:00 Watching a new show together & discussion: AS WE SEE IT 10:45 Menu Planning for Wednesday lunch with Kristy 10:00 LUNCH 11:00 LUNCH 11:15 Music with Kristy 9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning9:00 Good Morning9:00 Good Morning9:00 Good Morning9:00 Good Morning9:309:309:309:30Stretch/CalendarStretch/CalendarStretch/CalendarStretch/Calendar	Mon Tue Wed Thu Fri	Mon	Tue	Wed	Thu	Fri
12:00 LUNCH 2:15 Card games 1:15 MOVIE AFTERNOON AT	12:00 LUNCH 2:15 Card games 1:15 MOVIE AFTERNOON AT	OR Walk with Kayleigh 1:15 Price is Right with Kayleigh 1:15 MOVIE 1:15 MOVIE	with Kristy 12:00 LUNCH 12:00 LUNCH 1:15 Music with OR Free Time 12:00 LUNCH Session- creating the May Calendar! Movie Trivia	11:00 Gym Time with Kayleigh OR Switch Games with Visites 11:00 Lunch Prep with Kristy & Verification 11:00 Lunch Prep with Kristy & Verification 11:00 Lunch Prep with Kayleigh 12:00 LUNCH	new show together & discussion: AS Affairs with Megan & Wednesday with &		9:30 Stretch/Calendar with Kayleigh 10:00 Watching a new show together & discussion: AS WE SEE IT 10:45 Menu Planning for Wednesday lunch with Kristy OR Walk with Kayleigh 12:00 LUNCH 1:15 MOVIE	9:00 Good Morning 9:30 Stretch/Calendar with Kristy 10:00 Current Affairs with Megan North Bay Nugget 11:00 Gym Time with Kayleigh OR Switch Games with Kristy 12:00 LUNCH 1:15 Music with Kristy	9:00 Good Morning 9:30 Stretch/Calendar with Kayleigh 10:00 Workout Wednesday with Kristy 11:00 Lunch Prep with Kristy & Kayleigh OR Free Time 12:00 LUNCH 1:15 Price is Right	9:30 Stretch/Calendar with Kristy 10:00 Music with Jeff 11:00 Family Feud with Kayleigh 12:00 LUNCH 1:15 Scene it Movie Trivia 2:15 Learn a Tik Tok Dance with	9:00 Good Morning 9:30 Stretch/Calendar Jeff 10:00 Music Trivia with Kristy 11:00 Free Time 12:00 LUNCH 1:15 Brainstorming Session- creating
Affairs with Megan & discussion: AS WE SEE IT 11:00 Gym Time with Kayleigh OR Switch Games with Kristy 12:00 LUNCH 12:00 LUNCH 11:15 Music with Kristy OR Walk with NorthBay Nugget 11:00 Family Feud with Kayleigh 11:00 Free Time 11:15 Brainstorming Session- creating the May Calendar! 11:15 Drive is Pick to Dance with NorthBay Nugget North Bay Nugget Kristy 11:00 Family Feud with Kristy 12:00 LUNCH 11:15 Brainstorming Session- creating the May Calendar!	new show together & discussion: AS WE SEE IT 11:00 Gym Time with Kayleigh OR Switch Games with Kristy 12:00 LUNCH 11:15 Music with Kristy 12:00 LUNCH 13:15 Scene it Movie Trivia 12:00 LUNCH 13:15 Learn a Tik Tok Dance with	new show together & discussion: AS WE SEE IT 11:00 Gym Time with Kayleigh OR Switch Games with Kristy 11:00 Lunch Prep with Kristy & Kayleigh Wednesday lunch with Kristy 12:00 LUNCH 1:15 Music with OR Free Time Jeff with Kristy 11:00 Family Feud with Kayleigh 12:00 LUNCH 1:15 Scene it Movie Trivia	new show together & discussion: AS WE SEE IT 11:00 Gym Time with Kayleigh OR Switch Games with Planning for Affairs with Megan Wednesday with Kristy 11:00 Family Feud with Kayleigh 11:00 Lunch Prep with Kristy & Very leigh 11:00 Lunch Prep with Kristy & Very leigh 11:00 Family Feud with Kayleigh 12:00 LUNCH	new show together & discussion: AS Affairs with Megan & Wednesday with & Jeff with Kristy & Wednesday with Kristy			Stretch/Calendar	9:30 Stretch/Calendar	Stretch/Calendar	Stretch/Calendar	Stretch/Calendar
Stretch/Calendar with Kayleigh 10:00 Watching a new show together & discussion: AS WE SEE IT 11:00 Gym Time with Kayleigh OR Switch Games with Kristy 11:00 Lunch Prep with Kristy 11:00 Lunch Prep with Kristy 12:00 LUNCH 1:15 Music with Kristy Stretch/Calendar with Kayleigh Stretch/Calendar with Kristy 10:00 Music with Jeff 10:00 Music Trivia with Kristy 11:00 Family Feud with Kayleigh 11:00 Free Time 11:00 Family Feud with Kayleigh 12:00 LUNCH 1:15 Brianstorming Session- creating the May Calendar! 11:15 Drivation Plants 11:00 Lunch Prep with Kristy & List Scene it Movie Trivia 11:15 Learn a Tik Tok Dance with	Stretch/Calendar with Kayleigh 10:00 Watching a new show together & discussion: AS WE SEE IT 11:00 Gym Time with Kayleigh OR Planning for Wednesday lunch with Kristy 11:00 LUNCH 11:15 Music with Kristy Stretch/Calendar with Kayleigh Stretch/Calendar with Kristy 10:00 Workout Wednesday with Kristy 10:00 Music with Jeff 10:00 Music Trivia with Kristy 11:00 Family Feud with Kayleigh 11:00 Free Time 11:00 Free Time 11:15 Brainstorming Session- creating the May Calendar! 11:15 Music with Kristy 12:00 LUNCH 13:15 Scene it Movie Trivia 12:00 LUNCH 13:15 Learn a Tik Tok Dance with	Stretch/Calendar with Kayleigh 10:00 Watching a new show together & discussion: AS WE SEE IT 10:00 Gym Time with Kayleigh OR Switch Games with Kristy 10:00 Lunch Prep with Kristy 11:00 Lunch Prep with Kristy 12:00 LUNCH 12:00 LUNCH 11:15 Music with Stretch/Calendar with Kayleigh Stretch/Calendar with Kristy 10:00 Music with Jeff 10:00 Music Trivia with Kristy 10:00 Family Feud with Kayleigh 11:00 Family Feud with Kayleigh 11:00 Family Feud with Kayleigh 12:00 LUNCH 11:15 Brainstorming Session- creating the May Calendar!	Stretch/Calendar with Kayleigh Stretch/Calendar with Kayleigh Stretch/Calendar with Kayleigh Stretch/Calendar with Kayleigh Stretch/Calendar with Kristy Stretch/Calendar with Kristy Stretch/Calendar with Kristy 10:00 Watching a new show together & discussion: AS WE SEE IT Stretch/Calendar with Kayleigh 10:00 Workout Wednesday with Kristy Wednesday with Kristy 11:00 Family Feud with Kayleigh 11:00 Free Time 11:00 Free Time 11:00 Lunch Prep with Kristy & Wednesday with	Stretch/Calendar with Kayleigh Stretch/Calendar with Kristy 10:00 Watching a new show together & Affairs with Megan & Wednesday with & Jeff NORTH BAY NUGGET NORTH BAY NUGGET Stretch/Calendar with Kristy 10:00 Music Trivia with Kristy	Stretch/Calendar Stretch/Calendar Stretch/Calendar Stretch/Calendar		4 9:00 Good Morning	_	_	7 9:00 Good Morning	_

Mon	Tue	Wed	Thu	Fri
9:30 Stretch/Calendar with Jeff 10:00 Watching a new show together & discussion: AS WE SEE IT 10:45 Menu Planning & grocery list writing for Wednesday lunch with Kayleigh OR Walk outside with Jeff 11:30 Free Time 12:00 PIZZA Hut LUNCH for Rene's Bday. \$5 if you would like to join 1:15 MUSIC with Foxglove (Steph & Kristy) 2:00 Outdoor walk	9:30 Stretch/Calendar with Kayleigh 10:00 Current Affairs with Jeff North Bay Nugget 10:45 Gym Time with Kayleigh or Games with Kristy 12:00 LUNCH 1:15 Human Bingo with Kristy 2:00 Team building activity with Kayleigh	9:30 Stretch/Calendar with Kayleigh 10:00 Workout Wednesday with Kristy 11:00 Lunch Prep with Jeff & Kayleigh (\$4 if you would like to participate) OR Walk with Kristy 12:00 LUNCH 1:15 Dye your own Easter Eggs with Jeff 2:00 Easter Craft with Kayleigh	9:30 Stretch/Calendar with Jeff 10:00 Music with Kristy 11:00 Making Cake Pops with Kristy & Tasha 12:00 LUNCH 1:15 Easter Egg Hunt with Jeff 2:15 Free Time	NO PADDLE *Good Friday

Mon	Tue	Wed	Thu	Fri
*NO PADDLE Easter Monday	9:30 Good Morning 9:30 Stretch/Calendar with Kristy 10:00 Current Affairs with Jeff NORTH BAY NUGGET 11:00 Gym Time with Kayleigh OR Chair Yoga with Kristy 12:00 LUNCH 1:15 Music with Kristy 2:00 Games/Cards	9:30 Stretch/Calendar with Kayleigh 10:00 Workout Wednesday with Kristy 11:00 Lunch Prep with Kristy & Kayleigh OR Walk with Jeff 12:00 LUNCH BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE TOWER DOORS FOR 1:30 1:30 Shopping 3:00 Pick up at Northgate Tower Doors	9:30 Stretch/Calendar with Kristy 10:00 Music with Jeff 11:00 Gym with Jeff OR Walk with Kristy 12:00 LUNCH 1:15 Jeopardy with Ryan Littlejohn 2:15 Free Time	9:30 Stretch/Calendar with Jeff 10:00 MOVIE MORNING AT PADDLE 12:00 LUNCH 1:15 Make your own Guacamole with Jeff! 2:15 Mixology with Megan and Kristy

9:00 Good Morning
10:45 Gym Time with Jeff OR Yoga/Meditation with Kristy 11:00 Lunch Prep with Kayleigh 11:15 Don't eat Pete! A fun guessing game with Kristy 12:00 LUNCH 11:15 BINGO WITH Megan! 11:15 PADDLE YELP reviews with Kristy (reviewing our favorite places in town to visit) 12:00 LUNCH 11:15 Make your own Microwave fudge with Kristy 12:00 Zumba with Kristy 12:00 Zumba with Kristy 12:00 Zumba with Kristy 11:00 Draw along with Kayleigh 11:15 Don't eat Pete! A fun guessing game with Kristy 11:45 LUNCH 11:45