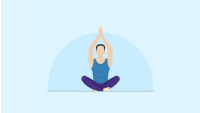











JANUARY 24-28 2022 ONLINE

Mon	Evening	Wed	Thu	Fri
<p>24</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kristy</p> <p>11:00 Gentle Stretches & Meditation with Jeff</p>  <p>1:15 BINGO with Kayleigh *Full Card Winner gets a skip the dishes dessert of their choice sent to their home</p> 	<p>25</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kayleigh</p> <p>11:00 Current Affairs with Jeff</p>  <p>1:15 Music with Shawn and Sam</p> 	<p>26</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Jeff</p> <p>11:00 Workout Wednesday with Kristy</p>  <p>1:15 Phone a Friend with Jeff!</p> 	<p>27</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kristy</p> <p>11:00 Jeopardy with Host Ryan L</p>  <p>1:15 Music with Jeff</p> 	<p>28</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kayleigh</p> <p>11:00 Music with Kristy</p>  <p>1:15 Drama Games with Tracy</p> 

The program that starts at 10:45 is for anyone who wants to just pop on and say hello-you can stay for as little or as long as you like (the program starting at 11am will be using the same ZOOM link as 10:45 program)