JUNE 28-July 2 2021 ONLINE

ONLY ONLY ONLY ONLY ONLY ONLY ONLY ONLY ONLY 10:00 What would you do? With Tracy Tracy (VIRTUAL) NORTH BAY NUGGET ONLY 10:00 Workout Wednesday with Miranda! (VIRTUAL) *NO PROGRAMS Friday with Miranda! (VIRTUAL) I ENCOURAGE	Mon	Evening	Wed	Thu	Fri
II:00-11:30 Brain Games with Cheyenne (VIRTUAL) 1:15 Music with Serra (VIRTUAL) 1:15 Animals around the world with Tracy! (Today we will visit AFRICA) (VIRTUAL) 1:15 Best of Canada's Got Talent with Host Ryan Littlejohn! (VIRTUAL) 6:30pm Evening Stretch & Wind down with Cheyenne & Loff (Cheyenne & Loff Cheyenne &	*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY 10:00 What would you do? With Tracy (VIRTUAL) **II:00-11:30** Brain Games with Cheyenne (VIRTUAL) 1:15 Best of Canada's Got Talent with Host Ryan Littlejohn! (VIRTUAL) **CHARDES ENTITY OF THE PROGRAMS ONLY 6:30 PM Monday Night Meet up With Jeff & Dakota	*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY 10:00 Current Affairs with Tracy (VIRTUAL) NORTH BAY NUGGET 1:15 Music with Serra (VIRTUAL) 6:30pm Evening Stretch & Wind down with Cheyenne & Jeff (VIRTUAL)	*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY 10:00 Workout Wednesday with Miranda! (VIRTUAL) 1:15 Animals around the world with Tracy! (Today we will visit AFRICA) (VIRTUAL) 6:30pm Games with Ryan L (VIRTUAL)	*NO PROGRAMS TODAY! I ENCOURAGE YOU TO CALL/TEXT or EMAIL YOUR	*PADDLE CLOSED ONSITE/VIRTUAL PROGRAMS ONLY 10:00 Cardio Friday with Miranda (VIRTUAL) 11:00-11:30 YOUTUBE Draw Along with