



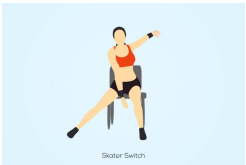

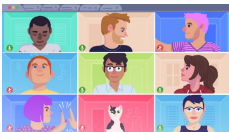






APRIL 12-16 2021 ONLINE

Mon	Tue	Wed	Thu	Fri
<p>12</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:00 (VIRTUAL) Draw Along Youtube Video with Miranda</p> <p>*You will need something to draw with and something to color with and a piece of paper</p>  <p>1:15 Music with Kristy (VIRTUAL)</p> 	<p>13</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:00 Current Affairs with Jeff (VIRTUAL)</p>  <p>1:15 Stretching and Meditation with Miranda (VIRTUAL)</p> 	<p>14</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:00 Workout Wednesday with Miranda! (VIRTUAL)</p>  <p>1:15 Weightlifting 101 with Cheyenne and special guest! (VIRTUAL)</p>  <p>6:30pm Games with Ryan L (VIRTUAL)</p> 	<p>15</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:00 What are you watching? Let's talk viewing platforms and favorite TV/MOVIES you can stream right now with Reanna and Cheyenne (We're also going to practice- BREAKOUT ROOMS on ZOOM!) (VIRTUAL)</p>  <p>1:15 Men's Health with OR Women's Wellness *2 different ZOOM links will be posted (VIRTUAL)</p> 	<p>16</p> <p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:00 Come and Play with Canadore (VIRTUAL)</p>  <p>11:00 Wellness with Reanna (VIRTUAL)</p>  <p>1:15 Music with Rowan (VIRTUAL)</p> 