FEBRUARY 15-19 Calendar 2021

Mon	Tue	Wed	Thu	Fri
*No PADDLE FAMILY DAY HOLIDAY	*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY 10:00 Current Affairs with Sara & Jeff (VIRTUAL) NORTH BAY NUGGET 11:00 HOW TO: play cards online with your friends with Host: Ryan Littlejohn (VIRTUAL) 1:15 Music with Shawn Sasyniuk (VIRTUAL)	*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY 10:00 Workout Wednesday: YOGA with Sellena (VIRTUAL) 1:15 FIRST ANNUAL ZOOM MEET UP- everyone is welcome to attend! Friends and Family, past and present support workers, past and present PADDLE participants, placements students your dog or cat! (VIRTUAL)	*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY (ONSITE TBA-Megan will email details earlier in the week) 10:00 Women's Wellness with Megan & Miranda (VIRTUAL- ZOOM) 11:00 Around the World with Melissa & Jeff (VIRTUAL) 1:15 Men's Health Jeff (VIRTUAL)	*PADDLE CLOSED ONSITE/VIRTUAL PROGRAMS ONLY (Onsite TBA) 10:00 Cardio with Miranda (VIRTUAL) 11:00 Wellness with Reanna (VIRTUAL) 1:15 Music with Kristy (VIRTUAL)