

FEBRUARY 2018

Mon	Tue	Wed	Thu	Fri
			1 9:00 Good Morning 9:30 Stretching/Calendar 10:00 Lunch Prep OR Interactive Music 11:00 Book Club OR Literacy Club 12:00 LUNCH 1:15 Card Making 101: making cards for fundraising	2 9:00 Good Morning 9:30 Stretching/Calendar 10:15 Music with Kristy 11:00 Babies & Bracelets! Making bracelets with Bobby Reyce and hanging out with Jeff's babies 11:45 LUNCH 1:15 Game and craft afternoon *PADDLE Participants planning an afternoon of activities for kids

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Mon	Tue	Wed	Thu	Fri
5	6	7	8	9
<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>9:45 Menu Planning</p> <p>10:15 Grocery shopping at Food Basics</p> <p>12:00 LUNCH</p> <p>1:15 Volunteering: Giving back your community. What does that mean, what does that look like to you?</p>	<p>9:00 Good Morning</p> <p>9:30 Menu Plan</p> <p>10:00 Fundraising Club</p> <p>11:30 Free time</p> <p>12:00 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT WINNERS FOR 1:30</p> <p>1:30 Shopping at outdoor plaza</p> <p>Pick up 3pm at Winners</p>	<p>9:00 Good Morning</p> <p>9:30 Stretching/Calendar</p> <p>10:00 Lunch Prep OR Book Club (Children's Classics) & Sensory Relaxation</p> <p>11:30 Free Time</p> <p>12:00 LUNCH</p> <p>1:15 Wellness afternoon *guest speaker *wellness activities</p>	<p>9:00 Good Morning</p> <p>9:30 Stretching/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Book Club Or literacy club</p> <p>12:00 LUNCH</p> <p>1:15 Crafts with Mattie!</p> <p>Our good friend Mattie is returning for the afternoon to do some crafts with us!</p>	<p>9:00 Good Morning</p> <p>9:30 Stretching/Calendar</p> <p>10:00 Puppet Workshop</p> <p>10:45 Music with Darius</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT VALUE VILLAGE FOR 1:30</p> <p>1:30 Value Village</p> <p>2:00 Break & Snack at Tim Hortons</p> <p>Pick up 3pm at Value Village</p>

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Mon	Tue	Wed	Thu	Fri
12	13	14	15	16
<p>9:00 Good Morning OR YMCA</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Fundraising club</p> <p>11:30 Games!</p> <p>*PADDLE staff will arrive at 8:30am</p> <p>9:00 Coffee at North Bay Mall</p> <p>10:00 Grocery Shopping at No Frills</p> <p>BOOK PARABUS TO RETURN TO CHIPPEWA FOR 11:00</p> <p>11:15 Putting groceries away</p> <p>11:30 Free Time</p> <p>12:00 LUNCH</p> <p>1:15 Baking cupcakes for Valentines Party</p>	<p>9:00 Good Morning OR YMCA</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Fundraising club</p> <p>11:30 Games!</p> <p>BOOK PARABUS TO ARRIVE AT CAPITOL CENTRE PARKING LOT FOR 12:45</p> <p>12:45 MOOSE Birthday LUNCH</p> <p>Cost: \$7-25</p> <p>Pick up 3pm at The Capitol Centre</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club & Sensory Relaxation (children's classics)</p> <p>11:30 Decorating for Valentines Social</p> <p>12:00 LUNCH</p> <p>1:15 Valentines Social</p> <p>*cupcake decorating *games *FUN!</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Book Club OR Literacy Club</p> <p>12:00 LUNCH</p> <p>1:15 Watch opening ceremonies of 2018 winter Olympics & outdoor Olympic activities</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Music with Jeff</p> <p>10:45 Writing a story for a puppet show</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE (tower doors) for 1:15</p> <p>1:15 Shopping at Northgate</p> <p>3pm Pick up at Northgate Square (tower doors)</p>

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19 FAMILY DAY *NO PADDLE *	20 9:00 Good Morning OR YMCA 9:30 Menu Planning 10:00 Grocery Shopping at Food Basics OR Stretch out/relaxation 11:30 LUNCH BOOK PARABUS TO ARRIVE AT MEMORIAL GARDENS FOR 12:50 1:00-1:50 Skating at memorial gardens 2:00-3:00 Social Tea with friends from New Horizons Pick up 3pm at Memorial Gardens	21 9:00 Good Morning 9:30 Stretch/Calendar 10:00 Lunch Prep & Healthy living OR Book Club (children's classics) & sensory relaxation 11:45 LUNCH BOOK PARABUS TO ARRIVE AT OKP for 1:15 1:30 Gym games & Snozelen room *please remember to bring indoor shoes* Pick up 3pm at OKP	22 9:00 Good Morning 9:30 Stretch/Calendar 10:00 First Annual CHILI COOK OFF with Chippewa SIP classes 12:45 Chili Lunch with special guest chili judges 2:15 Working on card making	23 9:00 Good Morning 9:30 Stretch/Calendar 10:00 Music with Kristy 10:45 Puppet Shows! 12:00 LUNCH 1:15 CAN DO Theatre with Michelle Webster 2:15 Free time

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<p style="color: red; font-weight: bold;">26</p> <p>9:00 Good Morning</p> <p>9:30 Menu Planning</p> <p>10:00 Grocery Shopping at Food Basics</p> <p>11:30 Putting groceries away</p> <p>11:45 LUNCH</p> <p style="color: red; font-weight: bold;">BOOK PARABUS TO ARRIVE AT YMCA FOR 12:45</p> <p style="color: green;">Open Swim 1-2pm</p> <p style="background-color: yellow;">Bring your bathing suit and towel</p> <p>Cost: Free! No YMCA membership is required for this swim</p> <p style="color: red;">Pick up 3pm at YMCA</p>	<p style="color: red; font-weight: bold;">27</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Fundraising club</p> <p>12:00 LUNCH</p> <p>1:15 Tech Afternoon: re-visiting Visual Journaling and Pictello</p> <p>1:45 Music with Patricia</p>	<p style="color: red; font-weight: bold;">28</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Book Club OR Outdoor Walk</p> <p>11:00 Free Time</p> <p style="color: red; font-weight: bold;">FIRST CHOICE: Book Parabus to arrive at Blue sky BINGO for 11:30</p> <p style="color: green;">11:30-3pm Lunch & Bingo</p> <p>Cost: \$3 includes lunch and bingo cards Pick up 3pm at Blue Sky Bingo</p> <p>OR</p> <p style="color: red; font-weight: bold;">SECOND CHOICE: 11:00 Lunch Prep (\$3 if you haven't submitted the monthly lunch fee)</p> <p>12:00 Lunch 1:15 Music 2:00 Free Time</p> <p>Pick up 3pm at Chippewa</p> <p style="background-color: yellow;">Please ensure your rides are arranged according to your choice for the afternoon</p>		