

# SEPTEMBER 2016

Mon	Tue	Wed	Thu	Fri
<p><b>5</b></p> <p>NO PADDLE</p>	<p><b>6</b></p> <p>9:00 Good Morning</p> <p>9:30 Welcome back! What did you do over the summer?</p> <p>10:00 Menu Plan</p> <p>10:30 <b>Grocery Shopping at Food Basics</b> OR Stretch out &amp; Relaxation</p> <p>11:30 PADDLE Variety Set up &amp; Inventory</p> <p>12:00 LUNCH</p> <p>1:15 CAN DO Theatre</p> <p>2:15 Music with Kristy</p>	<p><b>7</b></p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Lunch Prep OR Book Club (Children's Classics)</p> <p>10:45 Healthy Living</p> <p>11:15 Games!</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT North Bay Discovery Museum for 1:30</b></p> <p><b>1:30-3:00 Farmer's Market and Walk down to Waterfront</b></p> <p><b>Pick up 3pm at North Bay Discovery Museum</b></p>	<p><b>8</b></p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Women's Wellness OR Outdoor Walk</p> <p>12:00 LUNCH</p> <p>1:15 Crafternoon: Tie Dying!!</p>	<p><b>9</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretching &amp; Movement</p> <p>10:00 Music</p> <p>10:45 Games</p> <p><b>BOOK PARABUS TO ARRIVE AT EAST SIDE MARIO's FOR 11:45</b></p> <p>Birthday Lunch at East Side Mario's (Celebrating Birthday's we missed over the Summer Break: Victoria, Danny, Sarah, Dean and Bryan's Birthday)</p> <p>+shopping at Giant Tiger and Mall</p> <p>Cost: \$10-\$20</p> <p><b>Pick up 3pm at East Side Mario's</b></p>

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Mon	Tue	Wed	Thu	Fri
<p>12</p> <p>BOOK PARABUS TO ARRIVE AT Community Garden for 9:00am (across the street from Algonquin highschool)</p> <p>*PADDLE Staff will arrive at 8:30am*</p> <p>9:00 Music and Gardening with Jeff</p> <p>BOOK PARABUS TO RETURN TO CHIPPEWA FOR 11:00</p> <p>11:30 Menu Planning</p> <p>12:00 LUNCH</p> <p>1:15 Grocery Shopping at Food Basics OR Sensory Stretch out &amp; Relaxation</p> <p>2:30 Putting Groceries away</p>	<p>13</p> <p>9:00 Good Morning OR YMCA</p> <p>9:30 Current Affairs</p> <p>10:00 Making Sensory Wall</p> <p>11:30 Setting up PADDLE Variety</p> <p>12:00 LUNCH</p> <p>1:15 Learning about new IPAD APPS</p> <p>1:45 Music with Serra</p>	<p>14</p> <p>9:00 Good Morning</p> <p>9:30 Chat Pack</p> <p>10:00 Lunch Prep OR Book Club (reading children's classics)</p> <p>10:45 Healthy Living</p> <p>11:15 Free Time</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT WATERFRONT (bandshell)</p> <p>1:15 Waterfront walk, carousel etc...</p> <p>PICK UP 3pm at Waterfront (bandshell)</p>	<p>15</p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Women's Wellness OR Outdoor Activity</p> <p>12:00 LUNCH</p> <p>1:15 Lifeskills: Best Questions to ASK to get to know someone</p> <p>2:00 Games!</p>	<p>16</p> <p>9:00 Good Morning</p> <p>9:30 Good News Fridays!</p> <p>10:00 CAN DO Theatre</p> <p>11:00 No Bake Baking</p> <p>BOOK PARABUS TO ARRIVE AT POOL HALL FOR 1:30</p> <p>1:30-3:00 Pool at Partners Pool Hall</p> <p>Cost of Pool is Provided by PADDLE, please bring money if you would like to purchase a snack</p> <p>Pick up 3pm at Partners Pool Hall</p>

# SEPTEMBER 2016

Mon	Tue	Wed	Thu	Fri
19	20	21	22	23
<b>BOOK PARABUS TO MEET AT GUIDO AND ARLENE's FOR 9am</b> *PADDLE staff will be there at 8:30am  9:00 Breakfast at Guido and Arlene's (\$5-10)  <b>BOOK PARABUS TO RETURN TO CHIPPEWA FOR 10:30am</b>  11:00 Empty Dishwasher/clean up class  11:30 Lifeskills: wants vs needs  12:00 LUNCH  1:15 No Bake Baking  2:15 Joke Telling	9:00 Good Morning OR YMCA  9:30 Current Affairs  10:00 Menu Planning  10:30 Grocery Shopping at Food Basics  11:30 Real Life Money Math  12:00 LUNCH  1:15 PADDLE Carnival Afternoon! Join us for an afternoon of wacky and fun activities!!	9:00 Good Morning  9:30 Current Affairs  10:00 Lunch Prep OR Book Club (children's classics)  11:00 Board games!  11:45 LUNCH  <b>BOOK PARABUS TO ARRIVE AT NORTH BAY DISCOVERY MUSEUM FOR 1:30</b>  <b>1:30 Farmer's Market &amp; Waterfront walk</b>  <b>Pick up 3pm at North Bay Discovery</b>	9:00 Good Morning  9:30 Chat Pack  10:00 Lunch Prep OR Interactive Music  11:00 Women's Wellness OR Men's Health  12:00 LUNCH  1:15 PADDLE Christmas Card Fundraiser!  2:15 Outdoor Walk on Chippewa Trails	9:00 Good Morning  9:30 Good News Friday!  10:00 Music with Kristy  10:30 Free Time  11:00 Budgeting for Northgate Square Shopping  11:45 LUNCH  <b>BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE TOWER DOORS FOR 1:15</b>  <b>1:15-3:00 Shopping at North gate</b>  <b>Pick up 3pm at Northgate Tower Doors</b>

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<p><b>26</b></p> <p>9:00 Good Morning</p> <p>9:30 What did you do over the weekend?</p> <p>10:00 Walk Outside on Chippewa Trails</p> <p>10:30 Art Therapy</p> <p>11:30 Stretch out &amp; Relaxation</p> <p>12:00 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT VALUE VILLAGE FOR 1:30</b></p> <p>1:30 Shopping at Value Village</p> <p>2:15 Coffee Break at Tim Horton's</p> <p><b>PICK UP 3PM VALUE VILLAGE</b></p>	<p><b>27</b></p> <p>9:00 Good Morning <b>OR YMCA</b></p> <p>9:30 Current Affairs</p> <p>10:00 Humane Society Visit (cat room and dog walk-transportation provided by NADY van for those coming with no support staff)</p> <p>11:15 Lifeskills: Laundry</p> <p>12:00 LUNCH</p> <p>1:15 Menu Planning</p> <p>1:45 <b>Grocery Shopping at Food Basics</b></p> <p>2:45 Putting Groceries away: where do they go and why?</p>	<p><b>28</b></p> <p>9:00 Good Morning</p> <p>9:30 Chat Pack</p> <p>10:00 Lunch Prep OR Book Club (children's classics)</p> <p>10:45 Healthy Living</p> <p>11:15 Budgeting for Winner's</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT WINNERS SHOPPING PLAZA FOR 1:15</b></p> <p><b>1:15 Winners Mini Mall Shopping!</b></p> <p><b>Pick up 3pm at Winners</b></p>	<p><b>29</b></p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Lunch Prep OR Interactive Music (starts at 10:15)</p> <p>11:00 Women's Wellness OR Men's Health</p> <p>12:00 LUNCH</p> <p>1:15 Music with Mike</p> <p>2:15 Air Hockey Tournament and Games!</p>	<p><b>30</b></p> <p>9:00 Good Morning</p> <p>9:30 Friday Dance Party!</p> <p>10:00 Music with Kristy</p> <p>10:45 Walk outside on Chippewa Trails</p> <p>11:30 LUNCH</p> <p>1:00 MOVIE AFTERNOON</p> <p><b>**bring your favorite movie in and we will vote on which one to watch**</b></p>

