

JUNE 2016

Mon	Tue	Wed	Thu	Fri
		<p>1</p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Lunch Prep OR Book Club (Reading children's classics)</p> <p>10:30 Lifeskills: Meeting New People</p> <p>11:00 Games</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT NORTH BAY MUSEUM FOR 1:15</p> <p>1:15 Farmer's Market and walk downtown!</p> <p>Pick up 3pm at North Bay Museum</p>	<p>2</p> <p>9:00 Good Morning</p> <p>9:30 Chat Pack</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Women's Wellness Group OR Outdoor Walk</p> <p>12:00 LUNCH</p> <p>1:15 Accessibility and Feng Shui * Re-imagining the PADDLE Space!</p> <p>2:00 Charades</p>	<p>3</p> <p>9:00 Good Morning</p> <p>9:30 Roll the Dice Break the ice game!</p> <p>10:00 Exploring Music</p> <p>10:45 Money Math: practicing our money identification (loose change edition)</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT PARTNERS POOL HALL FOR 1:30</p> <p>1:30 Pool</p> <p>*PADDLE will pay for Pool, bring money if you would like to purchase a snack</p> <p>Pick up 3pm at Partners Pool Hall</p>

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<p>6</p> <p>Book Parabus to Meet at Tim Horton's on Trout Lake (beside Hyundai) for 9AM</p> <p>*PADDLE Staff will be there at 8:30</p> <p>9-10 Coffee and Menu Planning at Tim Horton's</p> <p>10:00 Grocery Shopping at Freshco</p> <p>Book Parabus to Return to Chippewa for 11:00am (Pick up at Tim Horton's)</p> <p>11:15 Putting Groceries away: where do they go and why?</p> <p>12:00 LUNCH</p> <p>1:15 Music OR Emailing</p> <p>2:00 No Bake</p>	<p>7</p> <p>9:00 Good Morning or YMCA</p> <p>9:30 Current Affairs</p> <p>10:00 Outdoor Walk on the Chippewa Trails</p> <p>10:45 Lifeskills: Hygiene lesson</p> <p>11:15 Inventory Review and Budgeting for the PADDLE Variety Store</p> <p>1:15 Drumming with Justine</p> <p>2:15 Games!</p>	<p>8</p> <p>9:00 Good Morning</p> <p>9:30 Chat Pack</p> <p>10:00 Lunch Prep OR Bookclub</p> <p>10:45 Healthy Living: let's talk about seasonal fruits and vegetables!</p> <p>11:15 Art Expression</p> <p>11:45 Lunch</p> <p>Book Parabus to arrive at North Bay Museum for 1:15</p> <p>1:15 Farmer's Market and Waterfront walk</p> <p>3:00 Pick up at North Bay Museum</p>	<p>9</p> <p>BOOK PARABUS TO MEET AT GATHERING PLACE GARDEN FOR 9AM (across from Algonquin highschool)</p> <p>*PADDLE staff will be there at 8:30</p> <p>9:30-10:30 Gardening with Jeff!</p> <p>BOOK PARABUS TO RETURN TO PADDLE FOR 10:45</p> <p>11:00 Lunch Prep OR Interactive Music</p> <p>12:00 LUNCH</p> <p>1:15 Literacy: creating a children's storey book & storey book illustrations</p>	<p>10</p> <p>9:00 Good Morning</p> <p>9:30 Movement and Stretching</p> <p>10:15 Music & Dance</p> <p>11:00 Craft</p> <p>11:45 LUNCH</p> <p>1:00-2:45 Walk over to Scollard Hall to celebrate New Horizon's 20th anniversary!</p> <p>*Regular pick up 3pm at Chippewa</p>

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<p>13</p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Outdoor Hooping and Dance Party!</p> <p>11:00 Double Fudge Recipe</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT WINNERS</p> <p>1:00 Shopping at the Mini Mall</p> <p>*if you have things you need to purchase we can help! Make a list! Bring your money!</p> <p>Pick up 3pm at Winners</p>	<p>14</p> <p>9:00 Good Morning OR YMCA</p> <p>9:30 Menu Planning</p> <p>10:00 Grocery Shopping at Food Basics</p> <p>11:15 Setting up the PADDLE Variety Store</p> <p>12:00 LUNCH</p> <p>1:15 Cultural Activities with the Metis Association</p>	<p>15</p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Lunch Prep OR Book Club (Children's Classic)</p> <p>10:45 Lifeskills Conversation Starters</p> <p>11:30 Free Time</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT KING PUTT FOR 1:30</p> <p>1:30 Mini Putt</p> <p>Pick up 3pm at Mini Putt</p>	<p>16</p> <p>9:00 Good Morning</p> <p>9:30 Chat Pack</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Women's Wellness Group OR Outdoor Games!</p> <p>12:00 LUNCH</p> <p>1:15 T-Ball at Chippewa with refreshments and snacks</p>	<p>17</p> <p>Book Parabus to meet at Gathering Place garden for 9am</p> <p>*PADDLE staff will be there by 8:30am*</p> <p>9:30-10:30 Gardening with Jeff</p> <p>Book Parabus to return to Chippewa for 10:45</p> <p>11:00 Music</p> <p>12:00 LUNCH</p> <p>1:15 MOVIE Day at PADDLE</p> <p>*Bring in your favorite movie and we'll vote on which one to watch!</p>

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<p style="text-align: right;">20</p> <p>BOOK PARABUS TO ARRIVE AT COLNEL HOAGIES FOR 9am</p> <p>*PADDLE Staff will be there at 8:30am*</p> <p>9:00 Breakfast at Colonel Hoagies! (Prices range from 5.50-11.00)</p> <p>BOOK PARABUS TO PICK UP AND RETURN TO CHIPPEWA FOR 11am!</p> <p>11:15 Games</p> <p>12:00 LUNCH</p> <p>1:15 Outdoor Walk</p> <p>2:00 Music</p>	<p style="text-align: right;">21</p> <p>9:00 Good Morning OR YMCA</p> <p>9:30 Menu Plan</p> <p>10:00 Grocery Shopping at Food Basics Or Relaxation Therapy/Stretch out</p> <p>11:15 PADDLE Variety Store Inventory & Cash out</p> <p>12:00 LUNCH</p> <p>1:15 CAN DO Theatre with Michelle</p> <p>2:15 Outdoor Games!</p>	<p style="text-align: right;">22</p> <p>9:00 Good Morning</p> <p>9:30 Chat Pack</p> <p>10:00 Lunch Prep OR Bookclub (Children's Classics)</p> <p>10:45 Healthy Living</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT NORTH BAY MUSEUM FOR 1:15</p> <p>1:15 Farmer's Market & Walk</p> <p>3pm Pick up at North Bay Museum</p>	<p style="text-align: right;">23</p> <p>9:00 Good Morning</p> <p>9:30 Morning Dance Party</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Women's Wellness Group OR outdoor walk</p> <p>12:00 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT GATHERING PLACE GARDEN FOR 1:30</p> <p>1:30-2:30 Gardening with Jeff!</p> <p>Pick up 3pm at Gathering Place Garden (Across from Algonquin highschool)</p>	<p style="text-align: right;">24</p> <p>9:00 Good Morning</p> <p>9:30 Budget for Northgate</p> <p>10:00 Laughter Yoga with Wanda!</p> <p>10:45 Jason Brock Chapman Stick</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE (Tower Doors) FOR 1:15</p> <p>1:15-3:00 Shopping at Northgate</p> <p>Pick up 3pm at Tower Doors/Northgate</p>

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<p>27</p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Stretching & Movement</p> <p>10:30 Wii Bowling Tourament</p> <p>11:30 Email/Journal</p> <p>12:00 LUNCH</p> <p>1:15 Spa Afternoon</p>	<p>28</p> <p>9:00 Good Morning OR YMCA</p> <p>9:30 Menu Planning</p> <p>10:00 Grocery Shopping at Food Basics</p> <p>11:15 Putting away groceries, where do they go and why?</p> <p>12:00 LUNCH</p> <p>1:15 Game: Shake loose a memory</p> <p>1:45 Music with Serra</p>	<p>29</p> <p>9:00 Good Morning</p> <p>9:30 Chat Pack</p> <p>10:00 Games!</p> <p>BOOK PARABUS TO ARRIVE AT BLUE SKY BINGO HALL FOR 11:30</p> <p>11:30-3:00 Lunch at Bingo hall and Bingo!</p> <p>(\$3.00 includes bingo cards and lunch)</p> <p>Pick up 3pm at Bingo Hall</p> <p>**Music program from 11-12 for those that are not attending Bingo**</p>	<p>30</p> <p>9:00 Good Morning</p> <p>9:30 Current Affairs</p> <p>10:00 Lunch Prep Or Interactive Music</p> <p>10:30 CAN DO THEATRE WITH MICHELLE</p> <p>11:30 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT YMCA FOR 12:40</p> <p>1:00 Swimming at YMCA (aquafit class and therapy pool) *no membership required, this program is paid for by our grant through North Bay and Area Community Foundations</p> <p>PICK UP 3pm at YMCA</p>	