





# FEBRUARY 2019

Mon	Tue	Wed	Thu	Fri
				<p><sup>1</sup></p> <p>9:00 Good Morning</p> <p>9:30 Stretching/Calendar</p> <p>10:00 PADDLE Fam Jam</p>  <p>10:45 Family Pictures *bring in pictures of your family to share</p>  <p>12:00 LUNCH</p> <p>1:15 Decorating cookies with Dryden &amp; Talon</p>  <p>2:15 Games!</p> 

\*Don't forget to bring in family photos to share on Friday!

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Mon	Tue	Wed	Thu	Fri
<p><b>4</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Menu Planning &amp; Online Grocery Order</p> <p>10:45 New Music Monday</p>  <p>12:00 LUNCH</p> <p>1:15 Erik's Media Lab</p> <p>2:00 Introduction to online learning</p>	<p><b>5</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Gym Time OR Wii Games</p> <p>10:45 Story Writing with Pictello</p>  <p>12:00 LUNCH</p> <p>1:15 Bingo @ PADDLE</p>  <p>2:00 Music with Kristy</p> 	<p><b>6</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club</p> <p>11:00 Healthy Living</p>  <p>12:00 LUNCH</p> <p>1:15 Bread Making 101</p> 	<p><b>7</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Sign language 101</p>  <p>12:00 LUNCH</p> <p>1:15 Women's Wellness OR Men's Health</p> <p>2:15 Connecting in the Community</p>	<p><b>8</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Music with Jeff</p>  <p>10:45 Sports Fan Club OR Button making</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT VALUE VILLAGE FOR 1:30</b></p> <p><b>1:30 Value Village</b></p> <p><b>2:00 Break &amp; Snack at Tim Hortons</b></p> <p><b>Pick up 3pm at Value Village</b></p>

\*Please welcome our Canadore College Placement Students: Chris, Jade & Kayleigh! They will be here with us until mid-April!


# FEBRUARY 2019

Mon	Tue	Wed	Thu	Fri
<p>11</p> <p><b>Book Parabus to arrive at No Frills (lakeshore) for 9AM</b>  <b>*PADDLE staff will arrive at 8:30am</b>  <b>OR</b>  <b>*PADDLE building will be open at 8:30 for those who wish to do independent learning instead of going to the Mall, please book your transportation accordingly*</b></p> <p><b>9:00 Coffee at North Bay Mall</b></p> <p><b>10:00 Grocery Shopping</b></p>  <p><b>BOOK PARABUS TO RETURN TO PADDLE FOR 11:00</b></p> <p>11:15 Putting groceries away</p> <p>12:00 LUNCH</p> <p>1:15 Erik's Media Lab</p> <p>2:15 New Music Monday</p> 	<p>12</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Gym Time OR Wii Games</p> <p>10:45 Pictello Story Writing</p>  <p>12:00 LUNCH</p> <p>1:15 Music with Shawn Sasyniuk</p>  <p>2:00 Music games with Canadore Students</p>	<p>13</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club</p> <p>11:00 Real Life Math</p> <p>12:00 LUNCH</p> <p>1:15 Baking treats for Valentine's day Party  <b>AND</b>          Making friendship bracelets</p>	<p>14</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Decorating/Setting up for Valentines Party</p> <p>12:00 LUNCH</p> <p>1:15 Valentine's Day PARTY</p>  <p><b>Join us for an afternoon of:</b></p> <p><b>*GAMES!</b>  <b>*FOOD!</b>  <b>*FUN!</b></p>	<p>15</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Music with Kristy</p>  <p>10:45 Games</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT HIGHBALL FOR 1:30</b></p> <p><b>1:30 Pool!!</b></p>  <p><i>*pool games will be paid for by PADDLE-bring money if you would like to purchase a snack or drink</i></p> <p><b>Pick up 3pm at Highball</b>          236 2nd Ave W</p>

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There are two choices for Monday the 11<sup>th</sup>-please book your transportation accordingly

# FEBRUARY 2019

Mon	Tue	Wed	Thu	Fri
<p><b>18</b></p> <p>FAMILY DAY</p> <p>*NO PADDLE *</p>	<p><b>19</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Gym Time OR Wii Games</p> <p>10:45 Menu Plan &amp; Online ordering</p> <p>12:00 LUNCH</p> <p>1:15 Square Dancing with Hannah</p>  <p>2:15 Free Time</p>	<p><b>20</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club</p> <p>11:00 Healthy Living</p>  <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT OKP for 1:15</b></p> <p>1:30-2:45 Gym activities &amp; Snoezelen Room</p>  <p><b>*please remember to bring indoor shoes*</b></p> <p><b>Pick up 3pm at OKP</b></p>	<p><b>21</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Sign Language 101</p>  <p>12:00 LUNCH</p> <p>1:15 Women's Wellness OR Men's Health</p> <p>2:00 Connecting in the Community</p>	<p><b>22</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 PADDLE Fam Jam</p>  <p>10:45 Sports Fan Club OR Button Making</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE (tower doors) for 1:15</b></p> <p>1:15 Shopping at Northgate</p>  <p><b>3pm Pick up at Northgate Square (tower doors)</b></p>

\*Remember to bring a list of essentials that you might need to purchase at the Mall-we can help with that!

# FEBRUARY 2019

Mon	Tue	Wed	Thu	Fri
<p style="text-align: right;"><b>25</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Menu Planning &amp; Online ordering</p> <p>10:45 New Music Monday</p>  <p>11:30 Eric's Media Lab</p> <p><b>BOOK PARABUS TO ARRIVE AT THE Capitol Centre parking lot for 12:45</b></p> <p><b>1:00 Birthday Lunch at The Moose (Celebrating James, Jessie, Martin &amp; Shane)</b></p> <p><b>Cost: \$10-25</b></p> <p><b>Pick up 3pm at The Capitol Centre Parking Lot</b></p>	<p style="text-align: right;"><b>26</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Gym Time OR Wii Games</p> <p>10:45 Pictello Story Writing</p>  <p>12:00 LUNCH</p> <p>1:15 Canadore Student Wellness Afternoon</p> 	<p style="text-align: right;"><b>27</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Book Club OR Wii</p> <p><b>FIRST CHOICE:</b> <b>Book Parabus to arrive at Blue sky BINGO for 11:30</b></p> <p><b>11:30-3pm Lunch &amp; Bingo</b></p> <p>Cost: \$6 includes lunch and bingo cards <b>Pick up 3pm at Blue Sky Bingo</b></p> <p>OR</p> <p><b>SECOND CHOICE:</b></p> <p>11:00 Lunch Prep (\$3)</p> <p>12:00 Lunch</p> <p>1:15 Music</p> <p>2:00 Free Time</p> <p>Pick up 3pm at PADDLE</p> <p>Please ensure your rides are arranged according to your choice for the afternoon</p>	<p style="text-align: right;"><b>28</b></p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Fundraising Club OR Art Club</p> <p>12:00 LUNCH</p> <p>1:00 Trivia Afternoon with your host: JEFF!</p>	

\*Cost of Bingo is now \$6 for cards and lunch

