

DECEMBER 2018

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Menu Plan</p> <p>10:30 Online Grocery Shopping</p> <p>11:15 New Music Monday</p> <p>12:00 LUNCH</p> <p>1:15 Decorating PADDLE and setting up the tree for Christmas!</p> 	<p>4</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Christmas Cookie Baking Club OR GYM time & Independent Learning</p> <p>11:30 LUNCH</p> <p>12:45 VOX CHOIR COMES TO PADDLE TO TEACH US A SONG!!</p>  <p>2:00 Free Time</p>	<p>5</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club (Children's Classics)</p>  <p>OR</p> <p>11:00 Real life math</p> <p>11:45 LUNCH</p> <p>1:15 Ukulele Club is coming to sing and play for us!!</p> <p>2:15 Making an invitation for the Christmas Tea</p>	<p>6</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p>  <p>OR</p> <p>11:00 Fundraising Club OR Art Club</p> <p>12:00 LUNCH</p> <p>1:15 Women's Wellness OR Men's Health</p> <p>2:00 Connecting in the Community: Christmas Holiday Edition</p>	<p>7</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Music with Jeff</p>  <p>10:30 Making a Christmas music video with Miranda & Sarah</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT NORTHGATE (tower doors) at 1:15</p>  <p>1:15 Shopping *bring a list if you want help to start your Christmas shopping!</p> <p>Pick up 3pm at Northgate tower doors</p>

DECEMBER 2018

Mon	Tue	Wed	Thu	Fri
10	11	12	13	14
9:00 Good morning	BOOK PARABUS TO ARRIVE AT NO FRILLS ON LAKESHORE FOR 9am	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning
9:30 Stretch/Calendar	*PADDLE staff will arrive by 8:30am	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar
10:00 Menu Plan	9-12 MOVIE @Cineplex	10:00 Lunch Prep OR Book Club (children's classics)	10:00 Lunch Prep OR Interactive Music	10:00 Music with Kristy
11:15 New Music Monday	There are 2 movies to choose from (*note handed out Nov 20-must be returned by Nov 28)	 or 	 or 	
12:00 LUNCH	9:30 Fantastic Beast OR 10:00 The Grinch	11:00 Pictionary on the Smart Board	11:00 Art	10:45 Games! Wii/Air Hockey/Board Games/Cards
1:15 Exploring Animation with Eric K.	COST: Participants & Staff \$7.50 PER PERSON (must be pre paid by Nov 28)*NO ACCESS CARDS FOR THIS EVENT	12:00 LUNCH	12:00 LUNCH	11:45 LUNCH
2:15 Free Time	Concession stand will be open for those who want to purchase a snack	1:15 CRAFTERAFTERNOON	1:15 Team Building Activity	BOOK PARABUS TO ARRIVE AT WINNERS FOR 1:15
	BOOK PARABUS TO ARRIVE BACK AT PADDLE FOR 12:15	DIY Christmas sign & Ornament Making	1:45 Music with Patricia	
	12:15 LUNCH			1:15 Shopping at Mini Mall
	1:15 Christmas Cookie BAKE OFF			Pick up 3pm at Winners
				

DECEMBER 2018

Mon	Tue	Wed	Thu	Fri
<p>17</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 New Music Monday</p> <p>10:45 Outdoor Walk</p> <p>11:30 Free Time</p> <p>BOOK PARABUS TO ARRIVE AT Winners For 12:45</p> <p>12:45 Lunch at Syl's to celebrate Tasha and Allison's Birthdays!</p> <p>Cost: \$10-20</p>  <p>Pick up 3pm at Winners</p>	<p>18</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Christmas Cookie Baking Club OR GYM time & Independent Learning Club</p> <p>BOOK PARABUS TO ARRIVE AT TIM HORTONS ON LAKESHORE FOR 1:30</p> <p>1:30 Menu plan & coffee</p> <p>2:00 Walk over to Metro for Grocery Shopping</p>  <p>Pick up 3pm at Value Village</p>	<p>19</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club (Children's Classics)</p>  <p>11:30 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT RORAB SHINERS CLUB for 1:00</p> <p>1:30-3:00 Christmas Tea *Join us for an afternoon of Christmas cheer!</p> <p>*ALL WELCOME TO ATTEND THE AFTERNOON</p> <p>Pick up 3pm at Rorab Shiners Club</p>	<p>20</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p>  <p>11:00 Outdoor Walk</p> <p>12:00 LUNCH</p> <p>1:15 Music with Serra</p>  <p>2:15 Free Time</p>	<p>21</p> <p>PJ day! *wear your PJs to PADDLE today (if you want!)</p> <p>9:00 GOOD MORNING-BREAKFAST AT PADDLE!! We will be making Waffles and Sausages!!</p>  <p>10:30 PADDLE FAM JAM & OPEN MIC</p>  <p>11:45 LUNCH</p> <p>1:00 Watching a Christmas Movie</p> <p>See you January 7th!</p>

THINGS TO LOOK FOR ON THE DECEMBER CALENDAR

*We will be celebrating Tasha (Dec 7) & Allison's (Dec 10) Birthdays this month at Syl's Family Restaurant!

*Our annual Christmas Tea will be held at the Rorab Shrine Club on December 19th from 1-3pm. **Everyone is welcome to attend the Tea please feel free to invite your friends and family.**

*VOX Choir will be coming into PADDLE on December 4th to teach us a song in 3 part harmony!! VOX is an all abilities community choir that meets every other Wednesday at Compass Music Studio (check them out on Facebook!)

*The Ukulele Club will be coming in to PADDLE to play some songs for us!!

*There is a special movie date at The Galaxy Cinema on Tuesday December 11th. Those that attend in the morning must choose what movie they want to see and pay before November 28th. Please see calendar and note sent home on November 20th for more details.

Please remember to look ahead at your schedule and to review it each and every day or the night before. This prepares you for any costs that may be associated with the day's events and also prepares you or the person you are supporting to have a successful day at PADDLE.

If you have ANY questions or concerns please feel free to contact Kristy @ 705 493 2401 or email info@paddlenorthbay.ca

Looking forward to our adventures in 2019!

Have a safe and happy holiday (and remember to call your friends!!) See you January 7th!

Kristy Hunter
Program Coordinator

Lori Fulford
Scheduling Assistant

